

## Advertisement for Engagement of Wellness Counsellor

National Institute of Design Madhya Pradesh (NIDMP) is an "Institution of National Importance" under Department for Promotion of Industries and Internal Trade (DPIIT), Ministry of Commerce and Industry, Govt. of India. The Institute invites online applications (through google form) from eligible candidates for engagement as Wellness Counsellor on visiting basis. Eligible candidates may apply for the said post latest by **31 August 2021**.

<b>Name of contractual Post</b>	<b>Consolidated Remuneration</b>	<b>Age Limit</b>	<b>Qualifications and experience required</b>
Wellness Counsellor	Rs:- As per the honorarium policy of the Institute.	50 years and below as on 01 Aug 2021	<p><b><u>Essential Qualifications and Experience:</u></b></p> <ol style="list-style-type: none"> <li>1. Master's degree in psychology/Clinical Psychology/Behavioural Psychology from a recognized University/Institute.</li> <li>2. 3 years of relevant experience as a Psychologist / Psychiatrists / Counsellor in an academic Institution/Health Sector</li> </ol> <p><b><u>Desirable:</u></b></p> <ol style="list-style-type: none"> <li>1. M.Phil./Ph. D in psychology from a recognized University/Institute.</li> </ol>

### **Job Profile:-**

1. The primary duty of a wellness Counsellor is listening to students. A student may visit to a Counsellor or receive a referral due to academic, emotional, social, or behavioural concerns.
2. To work directly with students to develop solutions and set goals. These goals can be as simple as developing a timeline for setting a schedule or as complicated as managing difficult emotions or processing trouble at home. In any case, the Counsellor listens to the student to learn what they want and proposes actionable goals to resolve these issues.

3. Counsellors play an important role in conflict resolution. This includes not only conflicts between students, but conflicts between students and teachers or teachers and parents as well. By assisting with conflict resolution and mediation, the student Counsellor helps ensure that personal conflicts do not interrupt academic activities or disrupt the student's goals.
4. To help develop counselling programs including peer counselling activities that connect students to one another for support, as well as initiatives like drug and alcohol prevention programs.
5. To provide psychological counselling to students/staff for assessment of mental health i.e., depression, anxiety, stress management, behavioural and psychological issues, psychometric testing, risk assessment, narcotics addiction, weight management and evaluating the needs of their clients.
6. To support students in identifying confidence building, self-management, goals determination, substance abuse, bullying, anger management, career depression, relationships, LGBTQ issues, self-image, and suicidal tendency related issues.
7. The Counsellor needs an understanding of various illnesses so they can educate students about the best way to manage their chronic problems.
8. To deal with clients and their families face to face, they should have strong interpersonal and instructional skills.
9. The wellness Counsellor should be adept at problem-solving and evaluating a client. They should have the ability to inspire trust and communicate effectively to motivate people by encouraging them to make healthy choices for lifestyle, exercise, and nutrition.
10. Creating and proposing programs and events that provide education on a variety of health-related topics.

### **Terms & Conditions:**

1. Wellness Counsellor shall visit the Institute campus twice in a week for three hours each (tentatively 10.00 A.M. to 01.00 P.M. / 3.00 P.M. to 6.00 P.M).
2. Remuneration will be as per the honorarium policy of the Institute.
3. In case of emergency, the Wellness Counsellor shall attend the students/staff and their family members at their hostels or residences or on emergency calls during office hours and any other day of the week.
4. The Wellness Counsellor will be available for consultation in case of emergency during holidays / odd hours as per the requirement of the Institute or at night at his residence.
5. The Wellness Counsellor may also be required to visit the Institute to attend the students/employee's families of the Institute in case of emergency, The Institute will provide the vehicle for pick up and drop.
6. In case of a pandemic like Covid-19 if lockdown/curfew imposed by the Central/ State Govt. the Wellness Counsellor will have to provide/conduct online

counselling through an online platform to the students and employees of the Institute also.

7. The Wellness Counsellor shall inform in writing for any leave/outstation holidays to be undertaken by him/her well in advance.
8. The Wellness Counsellor shall maintain a database of mental wellbeing of each student and meet every student at least once in each Semester for the purpose.
9. The engagement of Wellness Counsellor will be purely on visiting basis for a period of one year renewable subject to requirement & satisfactory work performance and he/she will not be entitled to any other benefit applicable to the regular employees of the Institute.
10. Services of Wellness Counsellor may be terminated by giving one month notice by either side.
11. Wellness Counsellor must report for his/her duty through the assigned Reporting Officer.

### **Instructions to the candidates: -**

1. Candidates are required to submit application through prescribed online google form which link will be available on the NID MP website.
2. Candidates shall ensure that they fulfil the eligibility criteria and experience and submit two references about their performance from their current employer/empanelled Institution.
3. No TA/DA will be admissible for attending the interview.
4. The Institute shall reserves the right to amend the terms & conditions of the engagement of the Wellness Counsellor at any time.